

## Primary Healthcare

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Today primary healthcare is not only confusing but also extremely costly. With health insurance premiums skyrocketing each year, what's a company to do?

PMR offers you a new choice, a choice that combines the best medical care possible with a convenient location that together can significantly reduce your overall costs. Everyday your employees visit the doctor's office for basic illnesses such as aches, pains, colds and flu. These visits account for the majority of your healthcare issues, the majority of your lost work-time and the cost associated with both. Additionally, they cause employees to be absent from work causing you expensive lost production time.

PMR can reduce these losses while giving your employee better medical outcomes. PMR places our primary health care professionals in a clinic at your facility to treat a wide variety of your employee's illnesses, or in some areas you can take advantage of one of our freestanding Healthcare Centers.

PMR staff sees your employees in a time effective, professional manner and never files a health insurance claim. These options ensure quality care and a cost reduction over standard healthcare programs. Employers can realize a cost savings of 10 - 50%, even if you are a smaller company.

PMR offers these Primary Healthcare Services:

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| <ul style="list-style-type: none"><li>▪ Onsite and offsite Primary Health Care for employees and their families</li><li>▪ Healthcare Solutions for your employees and their families</li><li>▪ Corporate healthcare support for Human Resources, Insurance, and TPA issues</li><li>▪ Prescription drug programs (upgraded for 2007)</li><li>▪ Case management of illnesses sent to offsite provider or specialist</li><li>▪ Wellness services that promote a healthier work force</li><li>▪ Flu shots and other vaccinations</li></ul> | <ul style="list-style-type: none"><li>▪ Flu shots and other vaccinations</li><li>▪ Extended service network assistance</li><li>▪ Drug and alcohol testing*</li><li>▪ FMLA program management</li><li>▪ Pre-employment physical</li><li>▪ Functional capacity exam</li><li>▪ Lactation support program (new for 2007)</li><li>▪ Physical therapy and rehabilitation</li><li>▪ Medical specialist care (select locations)</li><li>▪ Laboratory services</li><li>▪ X-ray Services</li></ul> |
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Combine this Primary Healthcare Program with a PMR Occupational Healthcare Program for even greater impact on your employee entire healthcare needs!